

# HEATHER BELL

NEWSLETTER OF THE CALEDONIAN & ST. ANDREWS SOCIETY OF SEATTLE

[www.caledonians.com](http://www.caledonians.com)

Volume 115 Issue 3 March 2017

## NEXT GATHERING

is on **Sunday, March 12, 2017, 2:00 pm** at **Haller Lake United Methodist Church**, 13055 1st Ave. NE, Seattle, WA. 98125. This is the same place we met in December. Please call Bill McFadden, 206-364-6025, if you need a ride to the gathering.

## PROGRAM

Since our meeting is in the afternoon, tea will be provided by the Board so you do not need to bring anything. The program will be a video of Scottish castles. Our usual raffle of items Scottish and otherwise will be available, and the library of books about Scotland will be open. This should be a very entertaining Gathering. Hope you can make it!

## Calendar of Seattle Area Scottish Events

### March 2017

**12 Caledonian & St. Andrews Society of Seattle Gathering**, 2:00 pm. Haller Lake United Methodist Church, 13055 1st Ave. NE, Seattle, WA. 98125.  
[www.caledonians.com](http://www.caledonians.com)

**14 SSHGA Meeting 7:30 pm**, St. Andrew's Episcopal Church, 111 NE 80th Street, Seattle WA Info: (206) 522-2541

**25 Gordon Tartan Ball**, 7:00 pm, 2<sup>nd</sup> Floor, Pavilion, Washington State Fair Grounds. \$25 in advance, \$30 after March 11<sup>th</sup>. 206-459-5479.  
[aGordon4me@comcast.net](mailto:aGordon4me@comcast.net) <http://www.cgpb.org>

## April 2017

**6 Tartan Day**, 12:00 noon. Capitol Steps, Olympia

**9 Caledonian & St. Andrews Society of Seattle Gathering**, 2:00 pm. Haller Lake United Methodist Church, 13055 1st Ave. NE, Seattle, WA. 98125.  
[www.caledonians.com](http://www.caledonians.com)

**11 SSHGA Meeting 7:30 pm**, St. Andrew's Episcopal Church, 111 NE 80th Street, Seattle WA Info: (206) 522-2541

## Membership Renewal

**It's time to renew your membership for 2017. Bring your check made out for \$35 for a single and \$45 for a couple to the next Gathering or send it to:**

**Treasurer**  
Caledonian & St. Andrew's Society of Seattle  
PO Box 27278  
Seattle WA 98165-1778

## Report on Gung Haggis Fat Choy

Gung Haggis Fat Choy 11 was held on Sunday, February 19, 2017. This quirky combination of Robert Burns Dinner and Chinese New Year produced by Caledonian

Bill McFadden was held at China Harbor Restaurant, decorated with the Caledonian Clan banners. Master David Leung's School of Kung Fu Lion Dancers opened the program by driving out all the bad spirits, followed by a performance of the Northwest Junior Pipe Band. Additional performers included dancers



from Karen Shelton's Highland Dance Studio, Shula Hou, tenor, Lena Hou, soprano, Thomas Simmons, Chinese Gubang, Blue Cloud Celtic, and special guest Colin Grant-Adams, Scottish ballad singer. Caledonian Allan Porter



helped escort in the haggis. Emcee Christopher Skoorsmith emulated founder Todd Wong (Toddish MacWong) by reciting the Address to the



Haggis in a crowd-pleasing and participating rap.



Jim Van Zee was very helpful in getting set up.

## Scottish Tablet (Candy)

By Shelley Butchart

I love Tablet (the Scottish candy, not the computer). Until now, my only source of supply has been limited to online, Highland Games, or a trip to Canada. My attempts at making homemade Tablet failed. Considering the calories, all of that was probably a good thing! The good/bad news is that I've found a new dealer (though the name makes me wince). "Trader Joe's English Butter Fudge (Product of England)" is delicious. I immediately suspected the offensive English tradition of claiming Scottish inventions and products as their own, and was ready to fire off a letter to Trader Joe's. A quick online search

however revealed a fine line between "Butter Fudge" and "Tablet", and didn't confirm their origins. One Scottish manufacturer said they marketed their product as "Scottish Butter Fudge" because "no one in the south has ever heard of Tablet".

## From the Caledonian Web Site: McKenzie Highland Games, Eugene OR

Hello, we would like to send you information about our 3rd annual McKenzie Highland Games in Eugene, OR this June 9th and 10th. If you would like to come and attend, we do not charge for sister organization. For more information our website is [www.mckenziehighlandgames.com](http://www.mckenziehighlandgames.com).

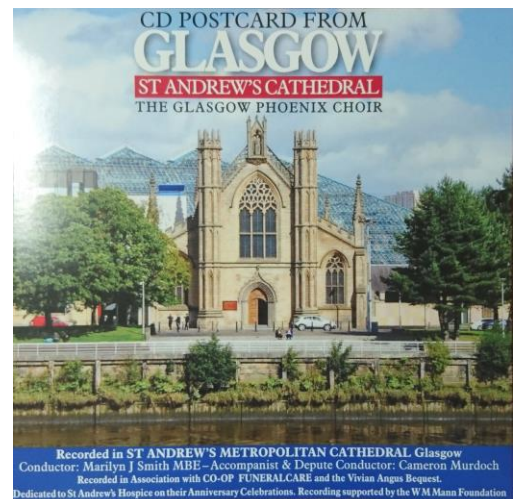
Thank you! Kris McKenzie

## CD Postcard from Glasgow - The Glasgow Phoenix Choir

From Diana Smith

St. Andrew's Hospice in Glasgow is selling CDs to help raise money for a new facility. I bought one - it's a nice selection of Scottish songs, sung by the Glasgow Phoenix Choir. Includes Scots Wha Have, Flower of Scotland, A Red, Red Rose, Caledonia, Amazing Grace, & Highland Cathedral. It's for a good cause. You can get it for £4.17 (\$6.26) here:

<https://www.st-andrews-hospice.com/product/cd-postcard-glasgow-glasgow-phoenix-choir/>



## Articles About Scotland and Things Scottish

*From The Scotsman*

### Scotland's lighthouses help illuminate the tourist market

They were built as a navigational aid for seafarers but many now double up as hotels and tourists attractions. Lighthouses have long been a source of wonder. Anne, Princess Royal, admits to having been fascinated by them since childhood, and it's an interest that seems to be spreading.



The Bell Rock lighthouse sits on a reef 11 miles off the coast of Arbroath and celebrated its 200th anniversary in 2011. Picture: Ian Rutherford/TSPL

While it still illuminates the North Channel of the Irish Sea near Stranraer, visitors to Corsewall Lighthouse are more likely to be interested in a good night's sleep than the shipping forecast. Following automation in 1994, the Victorian building has been ran as a hotel, offering guests the chance to explore a piece of nautical history as well as enjoying its spectacular views. It's one of the several that have been reinvented as businesses, a process that began with the decommissioning of select historic facilities in the late 20th century.

The first lighthouse north of the border began life in 1787 as a beacon tied to the roof of the 16th-century Kinnaird Castle in Fraserburgh. The fortification was largely demolished and rebuilt in 1820 as a more recognisable beacon. It was continuously manned until 1991. Since

1995, the building has welcomed visitors as the Museum of Scottish Lighthouses.

"Technological advances mean lighthouses are no longer the first point of navigation for shipping," said museum tour guide Michael Cruickshank. "But visitors want to see the 'big flash' rather than your modern technologies.

As lighthouses are no longer manned, it's allowed opportunities for people to come and explore them. "It's helped by the fact they tend to offer commanding views, often in idyllic settings, which gives them a romantic quality." Cruickshank believes a growing interest in the structures is part of a wider appreciation of industrial heritage.

"Like shipbuilding, the old days are gone but there remains a huge interest in how things used to be done. We no longer have lighthouse keepers, but people still want to find out how they lived in these remote spots."

The fascination extends to all corners of the country. Bona Lighthouse became the latest holiday let when it was converted in 2013 as part of a major refurbishment project led by Scottish Canals. It was one of only two inland lighthouses in Scotland and once the smallest manned station in the UK.

Scotland's lighthouses still play a vital role in keeping ships safe, with more than 200 in operation around the coast and out at sea. They range from small lit buoys to towering landmarks like the Bell Rock lighthouse, which has been in operation since 1811.

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### Shetland ponies taken on boat adventure to meet relatives



This is the moment one of Britain's leading horse trainers took her ponies to meet their relatives on the Shetland Islands - on a tiny boat. Emma Massingale, 34, accompanied Albert

and Ernie back to their native roots as part of her latest equestrian challenge.

During the month-long adventure the ponies travelled around the rugged islands with Emma, running free with local herds. And they also took a trip out on the water to mirror the historic way Shetlands were moved from one island to another by boat. Emma was pictured loading them on to a little motor boat before they sailed to the islands northeast of mainland Scotland - battling high winds and large pods of orca. Emma, who lives in Holsworthy, Devon, said: "We had practised on a local lake beforehand to see what they made of it.

"The first time we tried, Albert got his front feet on the boat but left his back feet off, but they were really good by the end - Ernie had a little look but then hopped straight on. It's a wildlife haven out there with dolphins and orcas, quite weird alongside the ponies."

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## Dog in charge of protecting Queen at Balmoral retires



Her bark may have been worse than her bite, but Patch, the springer spaniel who helped guard

the Royal Family during visits to Scotland, is retiring after nine years of loyal service. The ten-year-old retires from duty with Police Scotland as one of the most experienced explosives search dogs in the UK, even being deployed at the 2012 Olympics in London and at the 2014 Commonwealth Games in Glasgow. However, Patch spent most of her life working in the north-east of Scotland and regularly carried out security duties at Balmoral.

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*From Edinburgh Evening News*

## Castle for sale for less than Edinburgh semi-detached



A 19th Century castle that sits in 10 acres of ground has gone on sale for less than the price of a semi-

detached house in Edinburgh. Kilchrist Castle near Campbeltown, Argyll, is being sold privately by its owners for offers over £220,000. One of two reception rooms at Kilchrist Castle in Argyll. PIC Contributed. Owner Roland Luckman, an accountant and stable owner from Birmingham, said he was sad to see it go. He bought the Georgian-era property in February 2003 as a holiday home but has been able to use it less often in recent times. Mr Luckman said the property now needed some "tlc" and that he hoped new owners would bring it back to its glory.

The present castle was built by Sheriff Dugald MacTavish of Dunardry, Writer to the Signet, in 1820 to replace an old crumbling manor house. Kilchrist has six bedrooms and sits over three storeys and a vaulted lower ground floor. It has two large reception rooms on the ground floor. Mr Luckman estimated that the castle, which is B listed, would need around £100,000 worth of repairs to bring it back to its prime, with some of the render damaged.

The castle's walled gardens include vegetable and fruit plots, paddocks, a burn, mature woodland and a wishing well. Latest available detailed figures from Registers of Scotland show the average price of a semi-detached house in Edinburgh was £250,000. Flats in the capital sell for an average of £204,000.

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## 10 facts you didn't know about Edinburgh Castle



The Royal castle has stood in this spot since the 12th century and remained the Scottish Royal

residence until the Union of the Crowns in 1603. Built on top of an extinct volcano, its geographical location made it one of the best defended fortresses in Scottish history. Its role in wars aside, Edinburgh Castle has had a colourful history to say the least. Here are some lesser known facts about the historical landmark:

**1. Castle Rock has been inhabited for 2865 years.**

Archaeologists have found evidence that there were early settlers on top of castle rock since the Bronze Age – or 850 BCE. A 1990s dig at the castle found clear signs of habitation including pottery, bronzes and brooches, making it one of the longest continually inhabited sites in Scotland.

**2. St Margaret's Chapel is the oldest surviving building in Scotland.**

Queen Margaret married the Scottish king Malcolm III around 1070. She was known as a good, charitable woman, who also established a ferry service for those wanting to make the pilgrimage to Dunfermline Abbey, the resting place for the kings of Scotland. When King Malcolm was killed in battle, Margaret was so overcome with grief that she died just a few days later. Her son, David I built the chapel in her memory. When Robert the Bruce laid siege against the castle in 1314, he had every building destroyed except this one, cementing its status as the oldest building in the country.

**3. Witches were burnt at the stake here.** Scotland has a well-documented, bloody history throughout the years, but none as violent as the witch trials it conducted. One such person was Janet Douglas, Lady Glamis who stood trial accused of using witchcraft against King James V. Even though it was clear Janet was innocent, King James held a vendetta against her family and tortured her servants until they confessed to their mistress being a witch. She was burnt at the stake on the esplanade just outside the castle walls.

**4. Size does matter in sieges.** In 1715, the Jacobites were determined to overthrow the throne. In one particular siege event, the Jacobites tried to storm the castle under the cloak of night, using a ladder. However, the ladder proved to be too short, leaving the Jacobite rebellions stranded until morning, where they were discovered and promptly arrested.

**5. Many people believe it is haunted.** One of the more infamous stories about the castle ghosts is that of the bagpiper. When the tunnels underneath

the Royal Mile was first discovered, a piper was sent down to investigate, playing his bagpipes along the way so people above could track him. When the music suddenly stopped playing around half way down the Mile, a search party was sent down to retrieve the boy, however he was never found. Several search parties combed the tunnels, looking for him, but the body was never retrieved. People say his music can still be heard under the castle and the Royal Mile.

**6. The castle housed many prisoners of war.** Having spent a significant part of its history as an army fortress, the castle has seen many prisoners housed here over the years. These notably include 21 pirates of the Caribbean, most of who were found guilty of piracy and hung off the coast of Leith. American prisoners were held here from 1776 to 1781 when the two nations were at war during the War of Independence. Over 1000 prisoners were thought to have been held here.

**7. The Scottish crown jewels were lost in the castle for over 100 years.** After the unification of the crowns, the Scottish crown jewels no longer had any significant part to play in the newly formed British government. These Honours of Scotland were then locked away in a chest and stored in the castle, all but forgotten about. A group of men, including Sir Walter Scott, set out to recover the Honours in 1818, and they have been on almost constant display since.

**8. University of Edinburgh students will fail their final exams.** While it's not really a fact, many University of Edinburgh students hold it to be one. Legend has it that any student of the university who passes through the castle gates will fail their final examinations. While it sounds a bit far-fetched to us, many students are unwilling to visit the castle in their time at the university, preferring to play it safe until they've graduated.

**9. There is a swastika in the castle.** In the War Memorial room, opened to the public in 1927, there is a stained glass window which contains the symbol. Before the Nazis hijacked the symbol during the Second World War, the swastika was still a symbol of good fortune, used in Hinduism and Buddhism and was placed in the glass before the wide-spread use by Hitler.

**10. The KGB had the castle altered.** King James IV liked to spy on his subjects who gathered in the Great Hall through a tiny barred up window on the

right hand side of the fireplace, termed the "laird's lug" (lord's ears). Mikhail Gorbachev was set to visit the castle in 1984 during the final years of the Cold War and the Soviet secret service asked that they brick up this hole in the wall for security reasons. Mikhail never made it to the castle, as on the morning he was set to visit, he received the news that the then General, Konstantin Chernenko had died.

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*From BBC.com/news/uk-scotland*

## **ATM inventor among four Scottish Engineering Hall of Fame additions**



The man who invented the automated cash machine is one of four engineers to be added to the Scottish Engineering Hall of Fame.

**James Goodfellow** is being given the accolade along with telephone inventor Alexander Graham Bell, lighthouse designer Robert Stevenson and structural engineer Sir Duncan Michael.

The hall of fame was launched in 2011 by The Institution of Engineers and Shipbuilders in Scotland. It now has 27 members.

James Goodfellow, who was born in Paisley in 1937, received just a £10 bonus for his invention and patent of automated cash machines that used pin numbers.

"My task was to design the means of allowing a customer, and only a genuine customer, to actuate the dispenser mechanism," he said.

"Eventually I designed a system which accepted a machine readable encrypted card, to which I added a numerical keypad into which an obscurely related Personal Identification Number had to be entered manually, by the customer. This pin was known only to the person to whom the card was issued. If card and keypad inputs agreed, the cash dispenser

mechanism was activated and the appropriate money was fed out to the customer."

Automated telling machines (ATMs) spread throughout the world and there are now an estimated three million machines.

Mr Goodfellow continued to generate innovative design ideas and leadership throughout his career and was twice a recipient of IBM's Outstanding Technical Achievement Award.



A fellowship founded in Seattle in 1902 to foster a love of Scotland, her people, and her heritage.

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